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Best song 80- 90 playlist

By Diana Brown the iPod is a portable media player, mainly for music, manufactured by Apple Inc. The product line includes the iPod Classic, iPod Shuffle, iPod Nano and iPod Touch. Songs can be purchased, downloaded and created into playlists on your computer using iTunes, which is available for free on the Apple.com website. You can then upload the playlists and add to your iPod by manually syncing your iPod with iTunes. Connect the iPod to your computer using the provided USB cable. The iTunes program will be launched automatically. If iTunes does not activate, click the Start button, then click all programs and click iTunes from the list of apps. Click the iPod icon under Devices in the left pane of the iTunes window. Select the Summary tab from the main section of the iTunes window. Click the check box next to Manually manage music and videos or Manage music manually to select this option. This will disable automatic synchronization settings for the Music, TV, and Movies tabs. Select the playlist from the left side of the iTunes window under Playlists and drag it to your iPod (the iPod icon located under Devices). Select your iPod under Devices and click the edit icon to correctly disconnect the iPod from your computer. Too often, the things you enjoy most - like ice cream, chips and cheap TV - aren't so good for you. For the survey, Scottish Government researchers looked at figures from the 2010-2011 Scottish Household Survey, which surveyed almost 10,000 adults in Scotland about their leisure habits and overall perceived self-health. People who danced for fun -- even just once in the last year -- were 62 percent more likely to report being in good health. True, your perception of personal health is subjective. Furthermore, this study was completely observational, so it doesn't prove cause and effect. We don't know if people who dance healthier or if healthier people are able to dance [and therefore are more likely as a result], says David Weiss, M.D., associate director of the Harkness Center for Dance Injuries at NYU Langone Medical Center and clinical professor of orthopaedic surgery. (He had nothing to do with the study.) However, there is plenty of evidence that exercise is good for your health (d!). And dancing in particular can strengthen your heart and other muscles, as well as improve your balance, says Weiss. Fortunately, you don't have to control Scottish jig or go all black swan and reap health benefits of dancing - just step up the angies and bust a move. Need to refresh your dance party playlist? Check out the songs that make our readers want to cut carpet: this content is imported from a third party. You may be able to find the same content in Template, or you can find more information, on their website. Photo: iStockphoto/Thinkstock More from WH:Best EverThe 10 Best Get It On Songs6 Crazy Ways Music workout list improves your life This content is created and maintained by a third party, and imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content at piano.io skynesher Amazon Thanksgiving is much more than overloading delicious food and going into a turkey-induced coma after dinner - it's time of year to admit, appreciate those you love and, of course, jam time for holiday ingresses. No, no, not those holiday tunes that serve colder weather holidays like Christmas or Hanukkah —Thanksgiving tunes: yes, they exist, and, yes, they're actually kind of catchy. Here are the top Thanksgiving songs you need to add to your holiday playlist this year that will surely have you ripping off a turkey trot. A Thanksgiving song by Adam Sandleraucue may be as unpopular or well-known as a Hanukkah song hilariously, but at least he tried, right? In 2011, The Thanksgiving Song reached number 23 on Billboard's 100th holiday chart - so if you haven't heard it yet, we suggest doing so as soon as possible. This content is imported from YouTube. You may be able to find the same content in a different format, or you may be able to find more information, on its website. This 1962 Hang is something you definitely have to play this Thanksgiving to get your guests into a party mood. A good song with a great rhythm for a turkey, it'll be the whole dinner table to get up after their coma meal. The song also reached the top 40 in 1963, so it has some status in the (small) world of Thanksgiving songs. We'll see you don't sing along with the rockers in the choir. This content is imported from YouTube. You may be able to find the same content in a different format, or you may be able to find more information, on its website. This slow ballad appeared on Mary Chapin Carpenter's Christmas album, Come Darkness, Come Light: Twelve Songs of Christmas. Of course, because it's called a Thanksgiving song, we know it's specifically meant for the November holiday. The song is about being grateful for every hand we hold, gathered around this table, so it will be safe to ignite some loving feelings for your family members. This content is imported from YouTube. You may be able to find the same content in a different format, or you may be able to find more information, on its website. Johnny Kaka's Thanksgiving Prayer A heartwarming song by no other than Johnny Cash, Thanksgiving Prayer will reveal your blessings and feel grateful for everything you have in life. This content is imported from YouTube. You may be able to find the same content in a different format, or you may be able to find more information, on its website. Because this song has no lyrics, Perfect to play during dinner while enjoying everyone's company (along with your binge and filling). Charlie Brown's good subject, this content is imported from YouTube? You may be able to find the same content in a different format, or you may be able to find more information, on its website. Although it's not exactly a Thanksgiving theme song, you can't deny that Dave Matthews songs are perfect for family gatherings. Also – and you can quote me on this – combread is hands down one of the best parts of Thanksgiving dinner, and I agree with Dave as he expertly describes it as, a little heaven, and a little aw yes. This content is imported from YouTube. You may be able to find the same content in a different format, or you may be able to find more information, on its website. This content is imported from (Embed Name). You may be able to find the same content in a different format, or you may be able to find more information, on its website. Follow House nicely on Instagram. This content is created and imported to this page to help users provide their e-mail addresses. You may be able to find more information about this and similar content piano.io's music program is also diverse and inclusive. The people of kikuyu, lohya, luau, clanjin, kambah, kisy, maru, suahili and masai cultures, as well as hundreds of smaller tribes, are the local population. There is also a significant international population, though, who have emigrated to Kenya for centuries to work in Nairobi, coastal ports, or mines. This musical diversity gives Kenya a unique and enjoyable musical landscape. Here are some songs that will welcome you from your musical exploration of Kenya. Kenyan band Kenge Kenge have everything you want from a great African band, with their flipping rhythms and wild dancers. While you can't get the full live effect out of a recorded track, that number is still great for the music collection. This is true of Afropop's expanded and make-up shape, and shows a good combination of traditional Lowe devices with modern electronic devices. This beautiful, dahout ballad appears in the film The Permanent Gardener. The artist, Ayoub Ugada, is not only a well-known singer, composer and nyatiti actor (a traditional East African lotte), but also happens to be an actor named Ayoub Seda. Turns out Job Ugada, aka Job Seda, was the guy who played Robert Redford's combative assistant outside Africa. Film trivia aside, this song definitely has eric waina as one of Kanye's favorite musical sons, and has been recognized with dozens of awards and a special commendation in both Kenya and the sand. Its sound tends to the poppy side of African music, and this melody has a great upbeat sound which features both Eric's great singing and really nice Choir. Susannah Oyu, the queen who dominates the husky voice of Kenyan pop music, is better known internationally for supporting African social issues. Her work on many charitable initiatives is just as impressive as her music. Between her vocal skills (think Angelique Kidjo meets Tracy Chapman) and her clever songwriting skills, Catchy, she certainly surpasses the international scene. This sizzling song is the theme song from her 2004 CD. This adulterated hip-hop anthem by Gidi Gidi duo Maggi served as a theme song by a number of Kenyan politicians. Bwogo means (sort of) forever - in the sense of conquering - and is known from the wildly popular album Unbwogable. The song may be too hard for people who prefer the lighter rhythms of Afropop, but it's definitely more African than American rap, which is really fun. Samba Mafangala is actually Congolese by birth, but after moving to Nairobi in the late 1970s, she became a huge star across Kenya. This catchy song, from the 2006 album Song and Dance, is a great example of Virogaa - a mix of African rhythms and Afro-Cuban music, especially rumba. Yunasi is relatively new to the Kenyan music scene, having only been formed in 2004, but they made their mark as a hugely popular Afro-fusion band who found a nice balance of the traditional and contemporary. This number is an optimistic pro-African number that talks about various African heroes (including Nelson Mandela and Haile Selassie) and uniquely covered the accordion in the instrumental layout. Tanzania-born Daniel Ewavno Missiani gained fame in Kenya with his band Shirati Jazz, eventually becoming known as Benga's grandfather, his innovative guitar player, the use of international influences (especially Cuban) and the use of electric tools made him the genre's first hit. He was a proud member of the Lowe people, and often used his songs to teach Lowe history. Varro Mono means greed is futile, and although the song is not in English, the positive message is clear in the music itself. The Mshuroots is a Kenyan band that has been recording since the late 1970s (most recently under the name Uyoga) and combines reggae with Kenyan pop music styles. Jambo Bwana (Hello, Sir) was their first big hit, and was then covered by musicians all over the world. Extra Golden is a band made up of both Kenyan and American banda players, combining the two genres into something fresh, new and very cool. The high production value on Hera Ma Nono, from the 2007 album of the same name, is refreshing, and clearly all participating musicians have a great time playing together. Together.

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